



AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION

EVENT PROGRAM

ACT RESEARCH SYMPOSIUM 2019

17 August 2019

Ann Harding Conference Centre,
University of Canberra

Proudly sponsored by:



Medtronic



ACT Research Symposium

17th August 2019



8.00 – 8.30	Registration
8.30 – 8.40	Dr Diana Perriman, APAM, APA ACT Branch President Welcome
8.40 – 8.45	Aunty Matilda House Welcome to Country
8.45 – 9.00	Mark Round, APAM, and Amanda Mulcahy, APAM Inspiration from the APA Board
Session 1	Chair – Elisabeth Preston
9.00 – 9.15	Angie Fearon, APAM A complex relationship exists between gluteal tendon reconstruction outcomes, pain and comorbidities
9.15 – 9.30	Jack Mest, APAM The prevalence of self-reported psychological characteristics of adults with lower limb tendinopathy
9.30 – 9.45	Andrea Mosler, APAM The relationship between external training load and time-loss groin injury risk
9.45 – 10.30	Keynote speaker – Dr Claire Ashton-James, University of Sydney Care for the carer: why interventions aimed at enhancing clinician wellbeing are crucial to patient outcomes
10.30 – 11.00	Morning tea and poster viewing
Session 2	Chair – Bernie Bissett, APAM
11.00 – 11.15	Yi Ying Zeng, APAM A posterior-to-anterior glide of the tibia may be more effective than the traditional anterior-to-posterior glide for increasing knee flexion: a pilot randomised controlled trial
11.15 – 11.30	Elizabeth Webb, APAM Keeping the pressure on: does compression therapy prevent cellulitis? Results of a randomised controlled trial
11.30 – 11.45	Kerstin McPherson, APAM Are motor control tests routinely used in physiotherapy assessment of women with pelvic organ prolapse symptoms?
11.45 – 12.00	Pouya Saeiidan, APAM Is post-operative knee kinematics dependent on pre-operative kinematics? A study of deep-kneeling before and after total knee arthroplasty
12.00 – 12.15	Jennie Scarvell, APAM Does spinal fusion for scoliosis improve quality of life and clinical outcomes for children with cerebral palsy?
12.15 – 12.30	Allyson Flynn, APAM Home-based exercise improves balance-related activities in people with Parkinson's disease and is not inferior to centre-based exercise a systematic review
12.30 – 1.15	Lunch and poster viewing
Session 3	Chair – Debbie Douglas, APAM
1.15 – 2.00	Keynote speaker – Dr Christian Barton, APAM Getting education and exercise right for people with knee pain
2.00 – 2.15	Liam Toohey, APAM A 2-year prospective study of injury epidemiology in elite Australian rugby sevens: exploration of incidence rates, severity, injury type and subsequent injury in men and women
2.15 – 2.30	Toni Green, APAM Are the lateral ankle ligament (LALS) curricula for Australasian College of Sports and Exercise Physicians (ACSEP), St John Ambulance first aiders, pharmacy, nursing, and physiotherapy evidence-based practice (EBP) based on LALS clinical practice guidelines (CPGs)? A qualitative study
2.30 – 2.45	Ashleigh D'Aix, APAM Breathing hard or hardly breathing? Inspiratory muscle strength in preoperative cardiac surgery patients: An observational study
2.45 – 3.00	Diana Perriman, APAM How does OA change the shape of the knee in osteoarthritis?
3.00 – 3.30	Dr Claire Ashton-James, Dr Christian Barton APAM, Dr Bernie Bissett APAM, Panel Chair Matt Croger APAM Panel Discussion: The person is more important than the injury or illness?
3.30 – 3.45	Quiz - Toni Green
3.45 – 4.00	Prizes and awards
4.00	Symposium closes