

## SAVE MONEY, TIME AND PAIN FOR THE NATION.

LET'S MAKE PHYSIOTHERAPY A PRIORITY.







## The problem:

Falls are the leading cause of injury-related hospitalisations and death.

Every year, one in three Australians over 65 experience a fall. The numbers get much higher in residential care and the numbers are growing. Falls cost the healthcare system \$5 billion a year.



## The solution:

## Physiotherapy-led falls prevention programs.

Physiotherapists are experts in falls prevention, reduction, and harm minimisation. They also manage conditions that contribute to falls such as incontinence and dizziness.

Physiotherapy-led falls prevention programs can reduce the number of falls and falls-related injuries by 55 per cent in residential aged care and 24 per cent in the community.

Government investment in physiotherapy-led falls prevention programs would save lives and reduce the economic burden on the healthcare system by almost half a billion a year.

Put patients at the centre of care.

