

YOUR HEALTH, OUR FIGHT.

# LET'S MAKE PHYSIOTHERAPY A PRIORITY.



## **The problem:**

**Falls are the leading cause of injury-related hospitalisations and death.**

Every year, one in three Australians over 65 experience a fall. The numbers get much higher in residential care and the numbers are growing. Falls cost the healthcare system \$5 billion a year.



## **The solution:**

**Physiotherapy-led falls prevention programs.**

Physiotherapists are experts in falls prevention, reduction and harm minimisation. Physiotherapy-led falls prevention programs can reduce the number of falls and falls-related injuries by 55 per cent in residential aged care and 24 per cent in the community.

Government investment in physiotherapy-led falls prevention programs would save lives and reduce the economic burden on the healthcare system by almost half a billion a year.



AUSTRALIAN  
PHYSIOTHERAPY  
ASSOCIATION

**Put patients  
at the centre  
of care.**

