**Component II: Aboriginal and/or Torres Strait Islander Cultural Capability Development Guidelines and Submission Template**

**Which sections should I complete?**

# There are different sections for physiotherapists who identify as being of Aboriginal and/or Torres Strait Islander descent and those who do not. Answer the question below to determine which sections you need to complete. This information is also used to select culturally appropriate markers for this section.

# **Do you identify as being of Aboriginal and/or Torres Strait Islander descent?**

# [ ]  Yes - I identify as being of Aboriginal and/or Torres Strait Islander descent.

# Complete **Section a)** Demonstration of Cultural Capability practices

[ ]  No - I do not identify as being of Aboriginal and/or Torres Strait Islander descent

* Complete **Section b)** Cultural Capability - Professional and Cultural development

# Complete **Section c)** Cultural Capability - Critical Reflection

# **Demonstration of Cultural Capability Practices**

# Complete this section if you identify as being of Aboriginal or Torres Strait Islander descent. For resources refer to Ahpra-[Shared Code of conduct](https://www.ahpra.gov.au/Resources/Code-of-conduct/Shared-Code-of-conduct.aspx), [Code of conduct principles](https://www.ahpra.gov.au/Resources/Code-of-conduct/Resources-to-help-health-practitioners/Shared-Code-of-conduct-principles.aspx) , [resources to help health practitioners](https://www.ahpra.gov.au/Resources/Code-of-conduct/Resources-to-help-health-practitioners.aspx) and the Cultural Capability Assessment Rubric.

Consider your journey through Cultural Capability and critically reflect on something that shaped your journey. Please reflect on how this has impacted on your practice as a physiotherapist.

1. You must respond to the following two elements:
2. What was your area of growth or learning?
3. How has that impacted your practice?
4. Word limit: 2000 words (+/-10% is acceptable) **or** approximately 10 minutes of an audio-video content.

Note: if you provide key evidence you must refer to it in your response using the alphanumeric code and short name e.g. “…as shown in “1A Case Study 1”

Type your focussed reflections here.

Word count: Click or tap here to enter text.

# **Cultural Capability - Professional and Cultural Development**

# Complete this section if you do not identify as being of Aboriginal or Torres Strait Islander descent.

* Outline relevant Cultural Capability - professional and cultural development you have undertaken over the past ten years in Table 1. Cultural development may include attendance at NAIDOC or National Reconciliation Week events
* More rows can be added if required
* Further information on professional development activities is available from the [Physiotherapy Board-AHPRA](https://www.physiotherapyboard.gov.au/Codes-Guidelines/CPD-guidelines.aspx)

Table 1: Aboriginal and/or Torres Strait Islander Cultural Capability - professional and cultural development

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Activity** | **Activity Provider** | **CPD hours** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

# **Cultural Capability - Critical Reflection**

# Complete this section if you do not identify as being of Aboriginal or Torres Strait Islander descent. For resources refer to Ahpra- [Shared Code of conduct](https://www.ahpra.gov.au/Resources/Code-of-conduct/Shared-Code-of-conduct.aspx), [Code of conduct principles](https://www.ahpra.gov.au/Resources/Code-of-conduct/Resources-to-help-health-practitioners/Shared-Code-of-conduct-principles.aspx) , [resources to help health practitioners](https://www.ahpra.gov.au/Resources/Code-of-conduct/Resources-to-help-health-practitioners.aspx) and the Cultural Capability Rubric.

1. You must address the following three elements in your Aboriginal and/or Torres Strait Islander Cultural Capability critical reflection:
2. How has your cultural development impacted your practice? Consider: What were the implications or significance?
3. How have the cultural and social determinants of health contributed to your practice as a physiotherapist?
4. How will your journey continue/change in the future? Consider: What is your practice now? How might it change in the future?
5. Word limit: 2000 words (+/-10% is acceptable) **or** approximately 10 minutes of an audio-video content.

Note: if you provide key evidence you must refer to it in your response using the letter code and short name e.g. “…as shown in “1A Case Study 1”

Type your focussed reflections here.

*Word count:* Click or tap here to enter text.