

Sports and Exercise Physiotherapy Symposium 2020

Program outline

Time	Presenter/Session	Topic
8.15 – 8.30	Login	<i>Sign in to platform</i>
Session 1: Physiological developmental considerations with complex case study presentations in the younger athlete		
8.30 – 9.15	Keynote: Dr Dave Spurrier , PhD APA Musculoskeletal and Sports Physiotherapist	<i>The Younger athlete: Physiological developmental considerations of muscle, tendon and bone in the younger athlete</i>
9.15 – 9.45	Case 1: Dr Andrea Mosler , PhD, FACP Specialist Sports and Exercise Physiotherapist	<i>Hip and groin pain in the young athlete</i>
9.45 – 10.15	Case 2: Dr Kevin Sims , PhD, FACP Specialist Musculoskeletal Physiotherapist	<i>Lumbar spine stress fractures in developmental cricketers</i>
10.15 – 10.30	Zoom chat breakout room with presenters	
10.30 – 10.45	Morning tea break	
Session 2: Complex case study presentations in the younger athlete		
10.45 – 11.15	Case 3: Mr Phil Cossens , FACP Specialist Sports and Exercise Physiotherapist	<i>Growth plate injury in a young gymnast</i>
11.15 – 11.45	Case 4: Dr Loretta O’Sullivan-Pippia , PhD, FACP Specialist Sports and Exercise Physiotherapist	<i>An adolescent knee presentation</i>
11:45 – 12.15	Case 5: Mr Dave Battersby FACP Specialist Sports and Exercise Physiotherapist	<i>An elite athlete with boney stress injury - Critical clinical decision-making</i>
12.15 – 12.30	Zoom chat breakout room with presenters	
12:30 – 1.00	Lunch break	
Session 3: The aging athlete - Physiological developmental considerations with complex case study presentations in the aging athlete		
1:00 – 1.45	Keynote: Professor Robin Daly ;	<i>Physiological Considerations for the older athlete;</i>
1:45 – 2.45	Expert Panel discussion Professor Robin Daly, Dr Dave Spurrier, Professor Peter Ebling, Dr Sue White and Ms Bronwen Lundy	<i>Experts discuss how similar injury etiology presents and is managed differently in younger and older athletes</i>
2:45 – 3.30	Case 5: Dr Mary Magarey , PhD, FACP Specialist Sports and Exercise Physiotherapist and Musculoskeletal Physiotherapist	<i>Shoulder dislocations presentations across the lifespan</i>
3.30 – 4.00	Case 6: Ms Keren Faulkner , FACP Specialist Sports and Exercise Physiotherapist	<i>The post-menopausal athlete</i>

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Time	Presenter/Session	Topic
4.00 – 4.15	Zoom chat breakout room with presenters	
4.15 – 4.30	Afternoon tea break	
Session 4: Specialisation in Physiotherapy: Registrars case presentations		
4:30 – 4.50	Reg case 1- Ms Kylie Turton	TBC
4.50 – 5.10	Reg case 2- Mr Scott Wilson	TBC
5:10 – 5.30	Summary and final questions A/Prof Jane Rooney, ACP representatives	