



# Patient - Reported Outcome Measures Data Pilot

## Physiotherapist Information Brief

### What is the PROMs data pilot?

The PROMS data pilot is an exciting and innovative new project to test the feasibility of collecting data from patients with knee conditions who are receiving physiotherapy treatment. The project is funded by the Physiotherapy Research Foundation and is managed by the Australian Physiotherapy Association, with support from Macquarie University. It is a pilot project with ethics approval to be obtained through Macquarie University. Both participating physiotherapists and patients will provide informed consent.

### What exactly are PROMS?

PROMs use standardised and validated tools to measure patient outcomes, including quality of life or symptoms related to a specific disease or condition, typically using a numerical score. It is this score that we will capture in the pilot.

### What will we be doing?

We will be testing the ability to on-board private practices, practitioners and patients in the process of collecting patient reported outcome measures electronically. We are also testing the viability of MyScoreIt and Physitrack in the private practice setting to collect pre-determined patient information, coding of conditions, outcome scores, compliance levels, and the ability to then export the data to the APA in an appropriate format.

### Why will we be doing it?

Patient reported outcome data is becoming increasingly important in demonstrating the effectiveness of healthcare. Currently this data is collected on an ad hoc basis in clinical practice, and there is no uniform digitised process for collecting and reporting on it in private practice. It is important that the physiotherapy profession understand how to collect and utilise this data for further research about the effectiveness of physiotherapy intervention, to advocate for physiotherapy services and to improve patient outcomes.

### What will I need to do?

The project is designed not to interfere with normal clinical practice. In fact, participation in PROM data collection will enable you to track your patients' progress and easily report patient outcomes to third-party payers. Physiotherapists and patients will need to provide informed consent before data can be exported to the APA from the chosen PROM platform. Physiotherapists will be able to participate by using either Physitrack or the dedicated PROM platform, MyScoreIt.

**When does it start?** The pilot is currently underway.  
Register your interest now with either Physitrack or MyScoreIt.

**Contact person:** Jenine Fleming, Administration Officer, Physiotherapy Research Foundation

[Jenine.fleming@australian.physio](mailto:Jenine.fleming@australian.physio)

