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Patient Reported Outcomes Measures Data Pilot

Patient Information Sheet

What is the PROM Project?

We are running this project to see if we are able to collect self-reported data about the impact of your condition on your health and wellbeing. Ultimately we may use this information to help us to better understand the effectiveness of physiotherapy intervention.

What is the purpose of the project?

We will be collecting Patient Reported Outcome Measures (PROMs) data. This is data collected from questionnaires that describes how you think your injury or illness is impacting on your health and wellbeing. The questionnaires are scored and it is a numerical value that determines your PROM score. Changes in this score over time will help us to determine if you think that treatment is improving your condition.

How will the Project run?

The project will run for 9 months. We will spend 3 months recruiting patients then 3 months collecting PROM data, with a further 3 months looking at the data we have collected.

Who is running the Project?

The project is an initiative of the Australian Physiotherapy Association (APA), which is the peak organisation for physiotherapists. The APA's main role is to maintain and improve standards of physiotherapy care. The APA will be working with researchers from Macquarie University from the School of Physiotherapy, who are experts in collecting this type of data.

How do I know that participation is safe and fair?

Ethics approval has been received from the Macquarie University Human Research Ethics Committee means that the project has been checked as safe and fair for people living in Australia. This and other committees will watch over this Project.



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Who pays for this Project?

The project is funded by the Physiotherapy Research Foundation and is managed by the Australian Physiotherapy Association with support from Macquarie University

Who can be in this Project?

People over 18 years of age receiving physiotherapy treatment for a knee condition.

To be part of the project, you must be able to show that you understand and agree that information about your health will be collected and shared with your physiotherapist and with the Australian Physiotherapy Association.

What does taking part in this Project involve?

If you agree to take part, the care that you receive will be the same whether you participate in the trial or not.

Consenting to participate will mean that you will be sent a questionnaire electronically via email that you will need to complete. After the initial questionnaire, a follow-up questionnaire will be sent every 4-6 weeks whilst you remain under the care of your treating physiotherapist for the same condition.

How will information be collected?

De-identified information which is detailed below will be collected for the purposes of research. No identifiable information such as your name, address, phone, date of birth, Medicare number, or any other personal information about you, or who you are, will be copied from your records. Your results will only be identified by a randomly assigned number allocated to you.

What information will be collected?

- Your age
- Your gender
- Your Body Mass Index (BMI) if you have provided it
- The condition you are seeing the physio for
- The name of the PROM questionnaire that is being used
- The PROM(s) score including the date
- The state in which you reside

How will this information be used?

The data collected will be used to help the Australian Physiotherapy Association determine how feasible it is to effectively collect PROM data from patients with particular conditions who are receiving physiotherapy treatment. The results of the data analysis may ultimately be used for



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further research about the effectiveness of physiotherapy intervention, to advocate for physiotherapy services and to improve patient outcomes.

Will my name appear anywhere?

No. There is no way that your personal details can be given to the people running this Project or to anybody else. The information collected does not tell anybody who you are.

Where and for how long is the information going to be kept?

The information will be safely kept at Australian Physiotherapy Association on a computer located within Australia and be protected by passwords at all times. It will be kept indefinitely but any use of the data beyond this PROM data pilot will be subject to further ethics approval.

Who owns this information?

The information will be owned by the Australian Physiotherapy Association.

Are there any risks or benefits to me from taking part?

There are no risks for you in participating in this project. The treatment you receive will be the same whether you participate in the project or not.

How will I find out the results of the Project?

The physiotherapy practice will get information about the Project as it is being run, and the results when it is finished. The people running this project might write about it in newsletters, electronic communications and journals. The APA will check this information before it is released.

Do I have to take part in this Project?

You are invited to volunteer for this Project. If you do not wish to take part, you do not have to. This will not affect your routine treatment, or your relationship with those treating you, or this clinic. You can still see your physiotherapist if you do not want to take part in this Project.

Can I change my mind later?

If you decide to take part and later change your mind, you are free to withdraw from the project at any stage. You will be able to tick a box within the PROM software program or in other electronic communications to remove you from the Project.

Who can I talk to for more information or to make a complaint?

If you are worried about the service you received, you can contact the practice directly.

If you have any other worries, need more information or would like to make a complaint, you can contact Jenine Fleming, PRF Administration Officer on 03 9092 0852 or via email jenine.fleming@australian.physio

Other Project staff to contact include: Anja Nikolic, Chief Executive Officer, APA.





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You can also contact the Australian Physiotherapy Association at Level 1, 1175 Toorak Rd, Camberwell VIC 3124 Australia, on 03 9092 0800.

You can contact the Macquarie University Ethics Committee with any concerns about the safety and fairness of the Project (HREC number 52020652115741) at: Director, Research Ethics & Integrity (telephone (02) 9850 7854; email ethics@mq.edu.au).

Thank you on behalf of the PROM Project Team.



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