

Chronic obstructive pulmonary disease

Facts and figures

- Affects 638,000 Australians, accounting for 3.6% of the total disease burden
- Responsible for 53,000 hospitalisations annually

87%

people with COPD have another chronic condition

45%

have arthritis

42%

have back pain

- Many musculoskeletal physios will see patients with COPD so it's important to understand what they need.



Chronic Obstructive Pulmonary Disease
Clinical Care Standard

The COPD Clinical Care Standard

The Australian Commission on Safety and Quality in Health Care developed the Clinical Care Standard to improve outcomes for people with COPD.

The Standard is relevant to all physiotherapists who might see people with COPD—not only for respiratory physiotherapists.

The Standard consists of 10 quality statements covering different aspects of diagnosis and management.

If your patient has COPD, the Clinical Care Standard can help you as a health professional to support them to achieve their best health outcomes and live their best life.

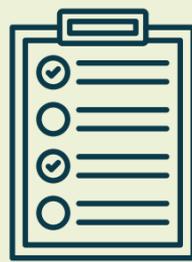
Some actions physiotherapists can take:



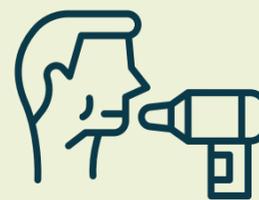
Refer to/provide pulmonary rehab programs



Provide COPD education



Support self-management plans



Arrange spirometry for diagnosis/monitoring



Check inhaler technique

Proudly brought to you by:



Physiotherapy
Research
Foundation

For more information on the COPD Clinical Care Standard, visit safetyandquality.gov.au/copd-ccs or scan the QR code to take you there.

