

# Finding the edge - Optimising athletic performance

Virtual Symposium – 8 May 2021

Chaired and hosted by [Assoc. Prof Jane Rooney](#), FACP\*

Session	Presenter	Topic
Session 1		
Keynote – Wendy Braybon Oration	<a href="#">Professor Craig Purdam</a> , FACP*	High Performance support teams for our athletes
Lecture	<a href="#">Dr Adam Castricum</a> , Sports and Exercise Physician	Medical considerations for the high performance athlete
Lecture	<a href="#">Dr Jill Leckey</a> , Performance support – Nutritionist Australian Cycling Team	Riding the nutritional tightrope on the road to Gold
Chat rooms	Each presenter will enter a separate facilitated virtual chat room where symposium attendees can ask questions directly.	
Session 2 Presented by physiotherapists who have been awarded Sports and Exercise specialisation by the Australian College of Physiotherapists (ACP)		
Case Study	<a href="#">Trish Wisbey-Roth</a> , FACP*	Rehab in the time of COVID – From hip fracture to cycling success
Case Study	<a href="#">Matt Lancaster</a> , FACP*	Pianos and pole vaulting
Case Study	<a href="#">Alison Low</a> , FACP*	A complex calf tear in an elite runner
Chat rooms	Each presenter will enter a separate facilitated virtual chat room where symposium attendees can ask questions directly.	
Session 3		
Lecture	<a href="#">Jonah Oliver</a> , Performance Psychologist   National Performance Psychology Network Lead AIS	Promoting psychological flexibility in the high performance athlete
Panel Discussion	<a href="#">Keren Faulkner</a> , FACP* <a href="#">Dr Andrea Mosler</a> , FACP* <a href="#">Dr Adam Castricum</a>	An elite athlete presents with a potentially career ending condition. The panel will explore the professional roles of the multi-disciplinary support team for the athlete, which eventually led to their continued international level participation and success in their chosen sport.
Lecture	<a href="#">Dr Rod Whiteley</a> , FACP*	You can't do this alone - Why we should be sharing clinical data to get better outcomes for our athletes
Chat rooms	Each presenter will enter a separate facilitated virtual chat room where symposium attendees can ask questions directly.	
Session 4 Case presentations by registrars of the ACP training program		
Case presentation	<a href="#">Ryan Carroll</a> , APAM	Lateral ankle sprain and the use of patient reported outcome measures
Case presentation	<a href="#">Clare Walsh</a> , APAM	Improving the psychosocial aspects for an adolescent after an ACL injury - A case report

\* FACP – Specialist Sports and Exercise Physiotherapist as awarded by the Australian College of Physiotherapists.

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