

Table 3: Key assessment findings and reassessment measures

<b>Task (measure/goal )</b>	<b>Consult 1—21 April</b>	<b>Consult 2—28 April</b>	<b>Consult 3—12 May</b>	<b>Consult 4—26 May</b>	<b>Consult 5—14 June</b>	<b>Consult 6 (final— 12 July</b>	<b>3 month follow up</b>
<b>Walking tolerance</b>  (90 min/*60 min)	15 min	20 mins	30 mins	45 mins	50 mins	75 mins	2.5 hours
<b>Squatting capacity†</b>  (full range/* <sup>3</sup> / <sub>4</sub> range)  Body weight: 81 kg	<sup>1</sup> / <sub>4</sub> range, 23 kg	<sup>1</sup> / <sub>4</sub> range, 31 kg	<sup>1</sup> / <sub>4</sub> range, 40 kg	<sup>1</sup> / <sub>2</sub> range, 33 kg	<sup>3</sup> / <sub>4</sub> range, 34 kg	<sup>3</sup> / <sub>4</sub> range, 40 kg+	<sup>3</sup> / <sub>4</sub> range Resume d lunging
<b>Kneeling</b>  (20 min/*20 min)	Unable	Unable	Unable	4x30 sec	3x3 min	7.5 min	15–20 min
<b>Forklift driving</b>  *10–15 min	2–3 min	2–3 min	5 min	5 min x2	5 min x3	10 min x4	No restrictio n

<b>Oxford Knee Score (0–48)</b>	21/48 Moderate– severe knee OA			29/48 Moderate– severe knee OA		38/48 Mild– moderate knee OA	41/48 Minimal knee OA
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\*Maximum required for work. † Measures reported are of weight borne through the right leg. OA = osteoarthritis.